

# Tuesday 3rd



Government of the Republic of Trinidad and Tobago  
Ministry of Sport and Youth Affairs

## Daily Media Monitoring Report - Tuesday 3rd February, 2026

Prepared by: **Elijah Samaroo**

Division	Media House	Type of Article	Headline and Page No	Article Summary/ Issue Raised	Hyperlinks	Action Required
Sport Division	Trinidad and Tobago Guardian	Sport News	'Lindo places 2nd in weight throw at Millrose Games'  Page 36	Nattaly Lindo delivered a stand-out performance for T&T at the Millrose Games, securing a prestigious second-place finish in the women's weight throw.		
Sport Division	Trinidad and Tobago Guardian	Health Plus	'Ministry of Sport wants us to get fitter - Why they're big on aerobics burnouts'  Page 25	Keep Pumpin' Up Yuh Fitness Programme Sports, health and education in sync		

Revision #2

Created 2026-02-02 09:17:57 AST by Elijah Samaroo

Updated 2026-02-03 09:43:14 AST by Elijah Samaroo